

ISRA

WINTER/SPRING 2015 | VOL. 33 NO. 1

NEWS

Official Publication of the Illinois State Racquetball Association



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From the PRESIDENT

Congratulations to Cheryl Kirk who will receive the 2015 Joe Sobek Outstanding Contribution Award at National Singles in a few weeks. Few individuals have contributed more to U.S. and International racquetball than Cheryl.

She served on the USA Racquetball Board of Directors from 2006-2012 and as its President for the last four years of her tenure. She has volunteered countless hours as Team Leader for the U.S. National and Junior National Teams, coordinating nine events in the past three years. Cheryl serves on USA Racquetball's U.S. National Team Committee and Women's Committee while also filling the post of Vice President of the Illinois State Racquetball Association. On the international front, Cheryl is an officer on the Boards of the International Racquetball Federation and Pan American Racquetball Confederation.



This award is no surprise to those of us who see Cheryl up close every tournament weekend. She is tireless in her efforts to support racquetball. Enjoy the recognition, Cheryl!

Illinois players and the ISRA have always had an impact on what happens both at the local and national level, as evidenced by the number of Illinois players who have received national awards. The table below lists all Illinois recipients since the awards began in 1975.

This list is pretty amazing – Cheryl Gudinas has NINE awards, Chris Evon has two, and we have recipients in all of the categories. You will notice that five of our ISRA Hall of Famers appear on the list, and in 2009, FOUR Illinois players were recognized.

Year	Award	Recipient
1992	Male Athlete of the Year Award	Tim Sweeney
1996	Presidential Award	Geoff Peters
2000	Female Athlete of the Year Award	Cheryl Gudinas
2001	Female Athlete of the Year Award	Cheryl Gudinas
2002	Female Athlete of the Year Award	Cheryl Gudinas
2003	Presidential Award	Laurel Davis
	Female Athlete of the Year Award	Cheryl Gudinas
2004	Female Athlete of the Year Award	Cheryl Gudinas
	John Halverson Fair Play Award	Chris Evon
2005	Female Athlete of the Year Award	Cheryl Gudinas
	Peggy Steding Female Age Group Award	Lola Markus
2006	Female Athlete of the Year Award	Cheryl Gudinas
2008	Bud Muehleisen Male Age Group Award	Pat Taylor
2009	Joe Sobek Outstanding Contribution Award	Dan Aderhold
	Joe Sobek Outstanding Contribution Award	Dave Negrete
	Peggy Steding Female Age Group Award	Chris Evon
	Female Athlete of the Year Award	Cheryl Gudinas
2010	John Halverson Fair Play Award	T.J. Ferro
2014	John Halverson Fair Play Award	Cheryl Gudinas
2015	Joe Sobek Outstanding Contribution Award	Cheryl Kirk

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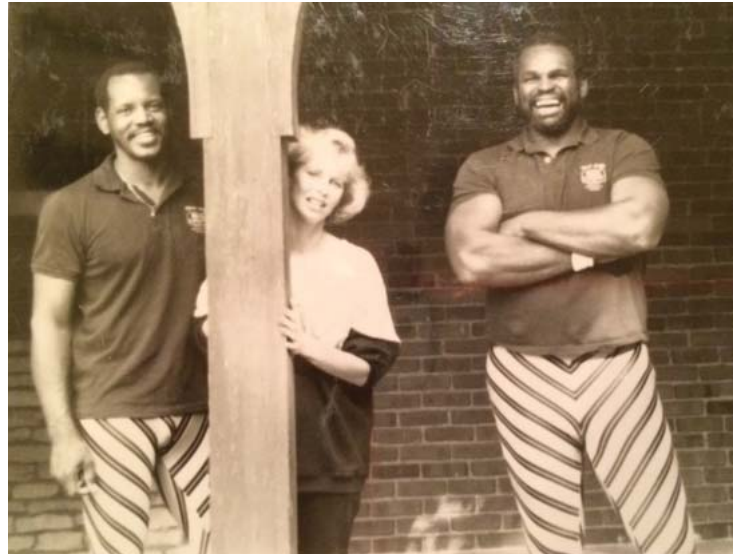
ISRA FAMILY NEWS

In Memory of Glynn Williams

Team Illinois offers its heartfelt condolences to the family and friends of long-time racquetball player Glynn Williams who passed away in Texas in the early morning hours of January 23, 2015. Glynn was a



hardcore racquetball fanatic from the south side who promoted and ran many events in the Chicagoland area. He was perhaps best known in the racquetball community as the longtime tournament director (along with Anita Efron) of the Revie Sorey Celebrity Classic that ran for 23 years at several clubs in the area. In doubles play, Glynn was especially fearsome, and he often played with Revie (a former guard for the Chicago Bears).



*Glynn Williams, Anita Efron, and Revie Sorey (1987)
Photo courtesy of Anita Efron*

From the **PRESIDENT**

continued from previous page

I have one other piece of trivia. As I was researching our national award winners, I noticed that the first recipient (1975) of what was then called the "Man Athlete of the Year Award" was Bill Schmidtko. So what is his connection to Illinois racquetball?? He is the uncle of Dave, John, and Dennis Negrete!

We are at the end of another racquetball season. It was a good season...we saw increased tournament participation including some first-time tournament players. Read all about it in the pages of this newsletter.

Enjoy your summer, and we'll see you on the courts,

Laurel

On the Cover...

Rocky Carson "avoids" a penalty hinder as Ben Croft prepares to shoot.

Photo by Juan Martinez

Glynn relocated to the Dallas area several years ago and continued to play regularly at The Maverick Club while still keeping in touch with his Illinois friends. Glynn's visitation was held on February 6 and the funeral service took place on February 7. At the service, Glynn was memorialized through resolutions presented by several organizations that Glynn belonged to, including the Illinois State Racquetball Association. The ISRA resolution recognized Glynn as a player, supporter, and friend of the racquetball community.

A New Little One Joins the ISRA Family!

Samuel and Leora Gomez welcomed Claudia Rose to their family on January 8, 2015, in Peoria. She weighed in at 8 lbs. 4 oz., and her dad reports that Claudia Rose was recently quoted as saying, "I can't wait to start playing doubles with Dad!"



*continued on
next page*

Photo courtesy of Gomez Family

FAMILY NEWS continued from previous page

Travel Leagues Wrap Up Another Season

The Men's Travel League Party was held April 17th at Glass Court where the following winners (with captains) were announced:

Men's Open

1. LA Fitness/Naperville (John Puccio)
2. LA Fitness/Glendale Heights (Brian Berkelhamer)

Playoff Winner: LA Fitness/Joliet (Larry Vena)

Men's A/B

1. Lattof YMCA (Al Rubiano)
2. Glass Court (Dan Jaskier)

Playoff Winner: Glass Court

Men's B/C

1. Center Court (George Nonas)
2. LA Fitness/Elgin I (Paul Shafer)

Playoff Winner: Center Court



*Men's Open Winners – LA Fitness/Naperville
Schlicher, Mehta, Puccio, Salazar, Dern*



2014-15 Women's Travel League



*Team 3 with photo bomber
Renee Roux filling in for Ruzycki*

The Women's Travel League (alternately competed at Glass Court and Schaumburg Tennis Plus) held their season-ending celebration at Glass Court on April 27th. Of the six teams competing, Team #3 emerged as the winner: Karin McCauley (captain), Kathy Ruzycki, Deanna Munro, and Mary Crambes.

Travel Leagues are organized in late summer and begin play in October. Contact Pam Grace at pgrace@cata.info if you are interested in fielding a team or joining an already-established one.

CPR Class Certifies Nine

CPR Training for Life, donated her time to this worthy endeavor, charging only enough to cover the cost of the distributed materials. Nine individuals practiced on specialized mannikins to perfect their CPR compressions, rescue breathing skills, and AED administration knowledge and techniques, resulting in a two-year certification through the American Heart Association for each participant.

Vickie did a wonderful job of making the three-hour class informative, fun, and above all, effective in readying the students to be best prepared in a cardiac emergency situation and potentially to save a life! If you have a group or company that would benefit from this life-saving training, contact Vickie at vickie@cprtrainingforlife.com or 312-841-9580.

- * Cardiopulmonary resuscitation
- ** Automated external defibrillator

A CPR*/AED** training and certification class was conducted Sunday, March 20, at Glass Court. Racquetball player Vickie Onesti, owner of



Trained to Save Lives!

ISRA Hall of Fame and **ANNUAL AWARDS** *2014-2015*

February 21, 2015, was the date for the 2014/2015 Illinois State Racquetball Association's Annual Awards and Hall of Fame Ceremony held during the ISRA State Singles Racquetball Championships at the Glass Court Swim & Fitness Club in Lombard, Illinois. The ceremony was again held in the gymnasium due to the large turnout of family and friends and fellow racquetball players. The ceremony was memorialized by ISRA Board member and photographer Mike Davern.



*2015 ISRA Hall of Fame Inductees
McDowell, Sauser, Negrete, and Kronenfeld
Photo by Mike Davern*

tournament, and she thanked the volunteers who worked to make this event happen. Special thanks went out to Bill Roberts, who is instrumental in interviewing and presenting candidates for induction into the Hall of Fame. Two plaques were then presented to the Glass Court for hosting the State Singles and State Doubles Championships in 2015, received by Joe DeArmas, who commented on his and Danny's appreciation of the members and players who compete at their club.

Laurel Davis, who acted as Emcee, began the ceremony by first introducing the sponsors for the

continued on next page

Notice of **ANNUAL MEETING** *of ISRA Board Members*

The ISRA Board will hold its Annual Meeting on June 9, 2015. As with all ISRA meetings, this meeting is open to the membership. The Annual Meeting is particularly important since all members attending have a vote in the election of the ISRA Board of Directors. If you plan to attend, please contact Todd Burris at trburris@comcast.net for time and location.

Board positions are staggered two-year terms. This year, there are seven open seats.

The following individuals are being re-nominated to the Governing Board:

Marla Cusano, Mike Davern, Laurel Davis, Pam Grace, Dolores Lamberson, Pam Schubach, and Rick Seaberg

According to Article IV, Section IV.2 of the ISRA Bylaws (ratified by the ISRA Board of Directors in December 2013 and posted on the ISRA website):

Additional Director candidates must be nominated in writing by one or more ISRA/USAR members, endorsed by signed petition of at least 50 members, and received by the President prior to May 1. If there are any additional Director nominations, the President shall first verify that

the nominee is in agreement to run and serve and shall give notice of said nomination to the public via the ISRA website and email communication on or before May 15, but in no case fewer than 30 days before the Annual Meeting date. The election shall take place at the Annual Meeting in June, by ballot, with only members present voting. If there are no additional nominations, the Nominating Committee's slate shall be accepted automatically.

ISRA President Laurel Davis' email address is laurelmdavis@comcast.net.

Additionally, any ISRA member who wishes to help improve the quality of racquetball in Illinois and familiarize themselves with Board processes is welcome to join the Auxiliary Board. Come out and support Illinois Racquetball!

Signed,
The ISRA Nominating Committee
Todd Burris (Chair), Cheryl Kirk, Geoff Peters

(Note to USAR/ISRA members: In addition to this newsletter article, the above information has been posted on the home page of the ISRA website since February of this year.)

ISRA HALL OF FAME AND ANNUAL AWARDS

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Negretes Three: Dennis, John, and Dave

Inducted into the Hall of Fame this year were long-time contributor and racquetball player, Jean Sauser; John Negrete, who we all remember competing in our racquetball tournaments until he and his family relocated to Orlando, Florida; Nancy Kronenfeld, a well-respected and longtime contributor to the sport of racquetball; and Denny McDowell, who some of us had the privilege of meeting for the first time while many more have known him for years as a regular and committed racquetball player.

The new inductees joined the ranks of the ISRA Hall of Fame:

Sue Carow, Ron Johnson, Revie Sorey, Lola Markus, John O'Donnell, Jr., Diane DeArmas, TJ Ferro, Cheryl Gudinas, Dave Negrete, Marshall Waldo, Chris Evon, Art Shay, Gay Kenna Mason, Art Michaely, Alan Shetzer, Phil Simborg, Tom Street, Herb Grigg, and Bill Lyman.

Jean Sauser was a leading force in Chicago racquetball. She was a professional, ranked in the top eight from 1975-1979. She won the AMF Voit/Datsun Racquetball Classic in 1978 and was a semi-finalist in six major professional tournaments between 1975 and 1979. Jean also was a racquetball teacher and editor. She has written many books on the sport, such as *"Inside Racquetball for Women"* and *"Racquetball Strategy"*. R.W. Kendler, President of the United States Racquetball Association, called *"Inside Racquetball for Women"* the most effective method of teaching racquetball he had ever seen. Jean also wrote and produced an instructional video entitled, *"How to Play Your Best Racquetball"* with Communications Concepts. She has been interviewed in hundreds of publications in the past, such as the *Chicago Tribune*, *Chicago Sun Times*, *Sports Illustrated*, and *Glamour*. Jean was part-owner of the East Side Athletic Club in Portland, Oregon, and then went on to become the promotions director for Charlie Clubs in Joliet, Illinois.

Our racquetball community here in Illinois is familiar

with **Nancy Kronenfeld** and her contributions to the sport of racquetball. Nancy has been in the past, and continues to be, a fierce competitor in the Open division at many tournaments, winning seven Gold medals in Women's Doubles, four Gold medals in Mixed Doubles, 2 Silver medals in Women's Doubles, and one Silver medal in



The happy faces belong to the new Illinois State Doubles champions on the distaff side. Left to right, Sue Carow and Lois Dowd won first place by defeating Barbara Edelstein and Nancy Kronenfeld 21-15, 21-8. Standing between the foursome are Alan Shetzer and Tom Street of the Illinois State Racquetball Association.

*Illinois State Doubles, Peoria, 1978
(Four ISRA Hall of Famers in this photo!)*

Mixed Doubles at USA Racquetball National Doubles Tournaments. She has won numerous other medals, including Gold in Open and third place in Open in past State Singles tournaments (with over 30 women in the

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*ISRA Hall of Fame Members Attended:
Bill Lyman, Chris Evon, John O'Donnell, Jr., Gay Kenna Mason, Lola Markus, Art Michaely, and Dave Negrete*

ISRA HALL OF FAME AND ANNUAL AWARDS

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*Annual Award Nominees
McCauley, Lamberson, and Mehta*

association. She was on the initial Board and just recently resigned her position after 23 years. Nancy is also a recent winner of the ISRA Female Player of the Year Award.

Denny McDowell's contributions to the sport of racquetball are many, but a notable one is that he was the manager and a teaching pro at a club in Bloomington for seven years. He coordinated and managed leagues, clinics, and in-house tournaments as well as ran several city tournaments and some Central Illinois regional events during that time. Denny competed and won many times from 1978 to 1989 in ISRA State Singles and Doubles tournaments, at least once in Mixed Open 30+ with partner Chris Rockhold, and he won the 1981 ISRA Men's Open Doubles with partner Dave Negrete.

At the age of 13, **John Negrete** picked up a racquet and started playing racquetball. Early on, he attended a junior racquetball camp put on by his brother Dave at the Schaumburg Court House. After that experience, John says he was hooked and continued to play and practice, being able to watch and learn from some of the best racquetball players in the Illinois area, as well as being able to watch the pros compete. He considers himself largely a self-taught player, having spent countless hours on the court drilling and playing. John loved the game so much that he began teaching it at the age of 15 to other juniors and adults, and he continued teaching for 15 years. One of his students was Juan Martinez when Juan was just 8 years old. He worked at the Woodfield Racquet Club in Schaumburg in the 1990's and eventually became part-owner of what became the Woodfield Athletic Club. John promoted racquetball by running tournaments, teaching clinics, giving private lessons, and running travel teams and leagues. He

Open divisions), and she has won several gold medals in ISRA age group divisions from age 35 on up to 60. Nancy considers her biggest accomplishment in racquetball to have been a part of forming the Women's Senior/Master Racquetball As-

Male and Female Players of the Year and Most Improved Players are nominated on the following criteria: accomplishments, number of years played, sportsmanship, improvement, and contribution to the sport of racquetball.

Distinguished Service Award individuals are nominated based on contribution to the sport of racquetball, quality of service, and accomplishments benefiting the sport and its players.

The TJ Ferro Award was created in memory of one of the JTI Founders, TJ Ferro. This Junior Award is open to all ISRA Junior members. The Juniors are asked to complete an application to include their activities and involvement in playing racquetball, sportsmanship, scholastic achievement, and community service. The ISRA Board of Directors reviews the applications and chooses the winner. The award is \$250 to be used toward the winner's education.

played on the IRT Professional Tour from 1985 to 1997, qualifying in five events. After attending college, John relocated to Orlando, Florida, and to this day he continues to compete in the sport.

After each of the inductees was introduced and received their awards from ISRA President Laurel Davis, they regaled a rapt audience with anecdotes from their racquetball careers.

Another important part of the evening was the bestowing of the traditional ISRA Annual Awards. The winners of the 2014/2015 ISRA Annual Awards were:

Distinguished Service Award – Marian Bala; Male Player of the Year – Keith Minor; Female Player of the Year – Renee Roux; and Most Improved Player of the Year – Jeremy Dixon.

Receiving certificates for having been nominated for the Distinguished Service Award were Pam Grace and Dolores Lamberson; for Male Player of the Year, Clint

Hickman and Alok Mehta; for Female Player of the Year, Nancy Amaro; and for Most Improved Player of the Year, Jonelle Dubois, Fernando Javier Rivera, and Karin McCauley.

Our TJ Ferro Award winner, junior player Emily Sanchez, was present to accept her award from JTI representative Barry Dixon, and she thanked her coaches, parents, and friends.



*ISRA President Laurel Davis congratulates
award winners Bala, Sanchez, and Dixon*

-- Marla Cusano

What Racquetball Means to Me

His 'n Her Edition: Kerry Spix & Marla Cusano

Kerry Begins...

I have been married to Marla Cusano for 12 years. My home club is Glass Court Swim & Fitness in Lombard, and I started playing racquetball in 1980.

How did you and your wife Marla meet?

One tournament I got in was especially fun, because I received a phone call from a particularly nice person who invited me to play mixed with her, which I accepted. So began a long career playing mixed doubles with Marla, who, after I pursued her a good long while, became my wife and long-time partner. When Marla and I first started playing together, we entered a tournament almost every weekend, along with playing a mixed league at Glass Court. That helped us be as competitive as we are now. Also, I listen when she tells me to do something!

What are your goals in racquetball for this year?

Marla and I both hope to continue playing together and maybe get back to National Doubles soon. As long as we are both healthy, we will always be on the court come tournament time.

How did playing national and state tournaments affect your love of this sport?

By the time I met Marla, I had already played in National Singles and National Doubles, so I began with Marla playing bigger Regional tournaments in Ohio and Indiana. We eventually both played in Houston at National Singles and in Phoenix at National Doubles. Those were quite the experiences! Around this time I had also joined Glass Court and played in-house leagues singles and doubles with Marla. We got together with other mixed teams and started a Mixed Travel League with two other clubs. What a good time we had playing and socializing with other couples.

What were your most memorable moments in racquetball?

Marla and I over the years have had some very memorable matches, and one thing we have never lost is that when it is tournament time and we step on

the court, it is "Game On." We have become a team in many ways, and when we are playing, it is as a team helping each other figure out what to do to overcome our opponents.

What else would you like your racquetball colleagues to know about you?

I will turn 58 years old this summer, and I have been playing and learning to play this great game of racquetball for 30-some years. I used to play tennis in high school, including some tournaments. One summer, a

friend I played tennis with came home from college with a couple of mini-tennis racquets and introduced me to racquetball. The first few times I played was with the old wooden racquets. I was soon hooked on racquetball.

But those early days of playing was mostly hitting hard and chasing the ball in circles, until I began to learn to wait for the ball to come back. The more I played, the more I figured out how to play.

What was the first racquetball club you joined?

The first club I joined that had courts was Downers Grove Olympic, and that is where I began my process of learning to play tournaments. I met

some good players there, learning from them and trying things that worked for me. My first tournament was at the old Naperville Court Club at Ogden and Naperville Road. Games were to 2 games to 21, with a 15-point tiebreaker.

I remember I had a match against a younger kid who played soccer and who was in much better shape than me, but somehow I managed to win my first match, and I experienced how grueling tournaments can be. I lost my next round, but I was totally hooked on competition.

Equipment changed through the years, and as I entered more tournaments, I began to get better. I slowly progressed through Divisions C to B, B to A, and A to Open by winning big draws and tons of playing in leagues, a couple training camps, and meeting some great racquetball people along the way.

continued on next page



What Racquetball Means to Me continued from previous page

Marla's Turn...

My name is Marla Cusano, formerly known as Marla Savarise. I have been married for 12 years to Kerry Spix. I didn't take his last name because of his police record, as I am, after all, in the legal profession – just kidding. No, it was basically because I had two children and didn't want our names to be different at the time.

When did you start to play racquetball?

I started to play racquetball in 1982. I was trying to shed the last 10 pounds I had gained during my pregnancy with Kristen (1980), and someone suggested I try racquetball. So I went to a racquetball club in my hometown, Ashtabula, Ohio, and rented a racquet and went on the court and started to hit around. I didn't have a clue what I was doing or how the game was played. A gentleman knocked on the door (Alex) and asked me if I wanted to play a game. I told him I didn't know how to play and he said no problem, he'd teach me. He ended up becoming a good friend of mine, and as it turned out, he was an Open player! To make a long story short, I fell in love with the game, and I found other people to play with me.

When did you first play competitively?

In 1986, my family moved to Lombard and joined Glass Court. I had never played in a tournament and really didn't know my level. So Carol Braje, a part-owner of the club at the time, took me on the court and played a couple of games with me. She told me she thought I could compete at the B level. That fall I entered my first tournament, the Turkey Shoot, and played singles in the B division. It was a full draw with about 15 players. I made it to the finals and won in a tiebreaker against Debbie Ponziani, aka Debbie Peterson. That following year I played in a Valentine's Day tournament and won again in B's with a full draw, therefore moving on up to A's. I was thrilled and honored that I had played and won my first two tournaments and would be competing in the A's. I've made wonderful friends and have been addicted to competing in tournaments since then.

When did you start to play doubles?

I started to play doubles somewhere around 1988 with Anna Cook. We had met at the Glass Court and became good friends. We would play singles two or three times a week and one day decided to enter women's doubles in a tournament. She and I competed well. We were in the finals a few times in Women's A's. I know we won a couple of tournaments, but they were not full draws. We played together for years until she moved to Indiana with her family.

By the time I lost Anna as a partner, I had joined the Glass Court Mixed Doubles League. I played the in-house league for a number of years, one year with my former husband, one year with Joe Pacifici, and then a number of years with my husband Kerry who at that time was just a friend.

How did you and Kerry meet?

I had seen Kerry around the club and watched him play numerous matches on Court 4 and on the Glass. I had never formally met him. I was looking for a partner to play in the Turkey Shoot in or around 1989, so I called and asked him if he'd like to play with me. He told me at the time that we'd have to play Open, and I said that's fine if he could put up with me. So we entered the tournament, did pretty well, made it to the semis and that started our playing together. We became friends and joined the Glass Court in-house doubles league as well as the Mixed Doubles Travel League. Kerry and I were instrumental in starting and keeping those leagues operating. The sign-up sheet would come out, and I would sign everyone up that had been playing with us each season and call to tell them they were in the league. We continued to play in the travel league and in-house league for several years until we moved in 1994.

How have you been able to play with your husband and stay married?

Kerry and I have been playing together in tournaments since 1989. We played every tournament in the Chicagoland area and also traveled to Indiana and Ohio to compete. We always supported each other and would play very competitively. We played Open Doubles from Day One and did quite well, losing either in the semis or finals. I learned how to play doubles from all the teams we played with and from instructions I received from Kerry. We left the Chicagoland area in 1994 and almost totally gave up playing for 10 years.

We do have occasional words on the court during a match; however, those are rare and usually only occur when we're playing a fun match with friends. When we are in a tournament, we are serious and do not criticize each other. The best thing I can say about playing with Kerry is that he will point out all the good things I'm doing instead of focusing on my mistakes on the court. When we go home, we will discuss what we could have done better and try to learn from every match we play.

So far so good! We've managed to stay married through it all, and I have to say Kerry is a saint for playing with me with all my knee issues over the years. We've gotten older and slower and maybe not as sharp on the court, but we're still a team and will continue to play together until one of us cannot physically do it anymore. If there comes a time when I have to retire my racquet, to all you Open level ladies out there who'd like to play with Kerry, please send your resume to me at marcusano@comcast.net.

Other activities we enjoy together:

Golfing, cooking, playing with our grandchildren, reading, traveling, taking walks, craft shows, and music.

Men's, Women's, and Mixed **One-Day Doubles Warm-Ups**

Men's One-Day, January 3, 2015
Women's and Mixed One-Day, January 4, 2015
Glass Court Swim & Fitness, Lombard, IL
Tournament Directors: Cheryl Kirk and Dan Jaskier

What's not to like? Get out of the house, burn off some calories, get some practice in before State Doubles, reconnect with friends...it was all good, and the weather cooperated, relatively speaking. Early January in Chicago, what can I say?

Format

Round robin, or pool play with playoff round; two games to 11/tiebreaker to 11

Stats

Saturday – Men – 33 in three divisions: Men's Open/A, Men's B/C, and Men's 30/40

Sunday – Women and Mixed – 36 in four divisions: Women's Open, Women's A, Mixed Open/A, and Mixed B/C

The closest match in the event took place in the Men's 30/40 Doubles finals where the scores were 11-10, 10-11, 11-10. When was the last time we saw a match scored in the binary system??

Many thanks go to our sponsors and volunteers!

Sponsors

Anthony's Pizzeria (Tony Cosmano)
Little Debbie (Joe and Janet Eminger)

Volunteers (a lean, mean, female fighting machine)

Marian Bala, Dolores Lamberson, Jonelle Dubois, and Janet Eminger

-- Cheryl Kirk



*Women's Open winners Sands and Molitor...
and Julianne channeling Patrice Calvi*



*Men's 30+/40+ winners Neal/Vasquez
& Jungmann/Horton*

RESULTS

Division/# entered: First; Second;
Semifinals

Men's Open/A (6 teams): Alcides Gutierrez/
Danny Ortega, Andy Pitock/Jose Alberto Acosta

Men's B/C (9 teams): Rodrigo Diaz/Jairo Torres,
Bernie Bustos/Eduardo Esparza;
Gallagher Garcia/Roberto Rivas

Men's 30+/40+ (8 teams): Antonio Vazquez/
Tom Neal, Steve Jungmann/Tom Horton;
Andy Pitock/Eric Jensen, Alcides Gutierrez/
Shane Jackson

Women's Open (4 teams): Judy Sands/
Liz Molitor, Janet Eminger/Nancy Amaro

Women's A (4 teams): Julianne Valentino/
Cheryl Kirk, Lisa Mayer/Deanna Munro

Mixed Open/A (11 teams): Tom Utterback/
Janet Eminger, Alcides Gutierrez/Nancy Amaro;
Andy Pitock/Cheryl Kirk

Mixed B/C (4 teams): Melissa Musick/
Tony Garcia, Eduardo Esparza/Emily Fauser

26th Annual WSMRA **National Championships**

January 16-18, 2015

Life Time Fitness Moore Lake, Fridley, MN

Tournament Director: John Wilinski

Relatively warm weather and blue skies greeted the 56 women who traveled to Minnesota in January to participate in this perennial favorite event of so many.

Players competed in 13 singles divisions as well as four newly established doubles divisions.

Team Illinois players were:

Donna Heinzl, Women's 55+ Doubles

Martha Huske, Women's 55+ Doubles

Patricia Moser, Women's 55+B/C Singles/Women's 55+ Doubles

Vickie Onesti, Women's 45+B/C Singles/Women's 45+ Doubles

Lynne Weisbart, Women's 55+B/C Singles/Women's 55+ Doubles

According to Kendra Tutsch, WSMRA President, "One highlight of the weekend was a visit from Dr. Bud Muehleisen, well known as the 'Father of Racquetball' and a true legend in the sport. Dr. Bud graciously spent time mingling with the players, giving some tips, and posing for numerous pictures."

Kendra continued, "The trial addition of doubles divisions worked out very well, and doubles will definitely be part of this tournament in the future. The success of the weekend was obvious as many players, including many first-timers, said they will definitely attend next year. The 27th Annual Tournament will be held January 15-17, 2016, in Tucson, AZ, at the Tucson Racquet & Fitness Club. Play will include round robin singles and doubles in age groups 35 and older. Singles will feature Open/A and B/C divisions to ensure great competition."



WSMRA Players – January 2015
Photo courtesy of WSMRA

ISRA STATE DOUBLES Championships

January 23-25, 2015

Glass Court Swim & Fitness, Lombard, IL
Tournament Director: Laurel Davis

What does it say when the toughest division at State Doubles is the **Men's Century** division? Either we are all getting old (not me) or teams are combining in ways that make the outcomes difficult to predict. Some teams could be comprised of a 70-year-old and a 30-year-old. Another team could be a top Open player combined with a B player – you just don't know what you might encounter when you get on the court. This division has proven to be a very tough division over the last two years. This year Keith Minor partnered with Bruce Young for the win. Keith also won the Men's Open with Eugene Coyle. In the Open, Dave Bachar stepped in to play with Clint Hickman when Juan Martinez III was unable to play the final. Minor and Coyle officially received a forfeit win but thanks to Dave, the fans got to witness a very spirited exhibition match.

There were 149 participants in the tournament. Although it snowed all day on Saturday, nobody missed a match or was late. Instead, everyone just stayed at the club after they got there. That made for a larger, more engaged crowd than we usually have in the middle of Saturday afternoon. The club was buzzing and people were having fun. We had a bunch of return players, too – George Pappas, Steve Lloyd, Angelo Moca, and Rich Wells, to name a few. Pete Shesek made an appearance. And, a lot of friends stopped by to share remembrances of Glynn Williams who passed away on January 23.



A Rowdy Crowd in the Hallway!



*Men's Open Champs Keith Minor and Eugene Coyle with
Tournament Director Laurel Davis*

The Volunteer Army was out in force! Much gratitude goes to Amy Anderson, Marian Bala, Todd Burris, Marla Cusano, Mike Davern, Jeff Doyle, Jonelle Dubois, Sandra Filipp, Jeff Grace, Pam Grace, Doug Halverson, Michelle Halverson, Joy Herth, Cheryl Kirk, Dolores Lamberson, Liz Molitor, Melissa Musick, John O'Donnell, Jr., Geoff Peters, John Puccio, Lora Reeser, Matt Rowland, Kathy Ruzycki, Pam Schubach, Joe Silius, and Barb Vagedes.

The ISRA warmly thanks these sponsors for their perpetual support of the ISRA and our sport: Anthony's Pizzeria (Tony Cosmano), Kirsten's Danish Bakery, (Paul & Kirsten Jepsen), Little Debbie (Joe & Janet Eminger), Molitor Grounds Maintenance (Liz and Dave Molitor), Professional Insurance Producers (Nancy & Dave Kronenfeld), Pernod Ricard (Lisa Mayer), Pro Penn, Response Graphics & Embroidery (Lynn & Kevin Yeazell), The Glass Court Swim & Fitness (Dan Jaskier & Joe DeArmas)

The weekend's biggest drama? Finding the correct answer to this question: *"Does your partner have to keep his/her feet within the doubles box OR can a foot touch the lines of the service box?"*

-- Laurel Davis

** Answer: The foot can touch the lines but not extend past the lines!*

continued on next page

ISRA State Doubles continued from previous page



*Tres Amigos – George Pappas,
Geoff Goldblatt, Angelo Moca*



*Women's A/B Silver Medalists
Lisa Mayer and Deanna Munro*



*Women's Open Champions
Jonelle Dubois and Karin McCauley*

continued on next page

ISRA State Doubles continued from previous page



Men's A Silver Medalists Jeffrey Hill and Jake Ryan

RESULTS

Division/# entered: First; Second; Semifinals

Men's Open (6): Eugene Coyle/Keith Minor; Clint Hickman/Juan Martinez III; Brian Berkelhamer/Fernando Javier Rivera, Geoff Goldblatt/Jorge Ortiz

Men's AA (4): Brian Berkelhamer/Fernando Javier Rivera; Angelo Moca/George Pappas; Basilio Salazar/Ryan Fosco (3rd)

Men's A (15): Chris Liljestrand/James Camasto; Jeffrey Hill/Jake Ryan; Alcides Gutierrez/Arnold Ortega, Jesus Rojas/Rogelio Ruiz

Men's B (16): Hung Che/Matt Pritchard; Jeremy Dixon/Michael Fornero; Chris Choi/Richard Seaberg, Porfirio Villalobos/Tony Garcia

Men's C (7): Alex Parraguirre/Roberto Rivas; Gallaher Garcia/Jose Garcia; Randal Mercer, Jr./Ryan Morrow, Jason Goodman/Sam Goodman

Men's 25+/35+ (6): Shane Jackson/Tom Neal; Clint Hickman/Juan Martinez III; Brian Berkelhamer/Fernando Javier Rivera, Jorge Ortiz/Tom Horton

Men's 25+ (3): Clint Hickman/Juan Martinez III; Brian Berkelhamer/Fernando Javier Rivera; John Moscato/Ryan Fosco

Men's 35+ (3): Shane Jackson/Tom Neal; Jorge Ortiz/Tom Horton; Jesus Rojas/Rogelio Ruiz (3rd)

Men's 40+/45+ (5): Larry Vena/Martin Gonzalez; James Schlicher/John Puccio; Basilio Salazar/Lee Frick (3rd),

Men's 40+ (3): James Schlicher/John Puccio; Basilio Salazar/Lee Frick; Cedric Bell/Eric Battaglia (3rd)

Men's 45+ (2): Larry Vena/Martin Gonzalez; Richard Wells/Thomas Zielecki

Men's 50+ (4): Cedric Bell/Tim Dern; George Steffens/Mitchell Becker; Steve Jungmann/Tom Horton (3rd)

Men's 55+ (5): James Schlicher/Rajesh Sondhi; Angelo

Moca/Steven Lloyd; Jeff Holmgaard/Miguel Riollano (3rd)

Men's Combined 100+ (14): Bruce Young/Keith Minor; Andy Pitock/Eric Jensen; Henry Conforti/James Zidek, Dave Milazzo/Tony Cosmano

Women's Open (8): Jonelle Dubois/Karin McCauley; Cari Mory/Laurel Harper; Laurel Davis/Lynn Yeazell, Liz Molitor/Nancy Kronenfeld

Women's AA (4): Janet Eminger/Nancy Amaro; Joan Vande Kieft/Judy Sands; Kristin Coulter/Pam Schubach (3rd)

Women's A/B (8): Joy Herth/Mary Crambes; Deanna Munro/Lisa Mayer; Emily Fauser/Noelle Morgan, Dolores Lamberson/Julianne Valentino

Mixed Open (8): Ellen Somberg/Geoff Goldblatt; David Bachar/Janet Eminger; Lynn Yeazell/Martin Gonzalez, Alcides Gutierrez/Nancy Amaro

Mixed AA (4): Antonio Vazquez/Cari Mory; Kristin Coulter/Miguel Riollano; Carl Carman/Katherine Grill (3rd)

Mixed A (8): Chris Liljestrand/Lisa Mayer; Jerry Kee/Kathy Ruzycki; Joy Herth/Matt Reeser, Danny Ortega/Laurel Harper

Mixed B (6): Michael Fornero/Noelle Morgan; Eduardo Esparza/Emily Fauser; Carl Carman/Sandra Filipp, Brian Hampton/Vickie Onesti

Mixed Age (40+/50+/55+) (7): David Bachar/Liz Molitor; Andy Pitock/Cheryl Kirk; Jonelle Dubois/Mike Davern, Ellen Somberg/Jim Hillman

Mixed 40+ (1): Judy Sands/Scott Fauque

Mixed 50+ (4): David Bachar/Liz Molitor; Ellen Somberg/Jim Hillman; Diane Bunker/Frank Bunker, Kevin Yeazell/Pam Schubach

Mixed 55+ (1): Andy Pitock/Cheryl Kirk

Team Illinois at USAR National Doubles

Arizona State University, Tempe, AZ

February 11-15, 2015

Tournament Director: Peggine Tellez

Beautiful weather greeted 343 players from 35 states who made the trip to Tempe in the midst of a challenging (for some) winter. Those 188 players who hailed



Seaberg and Bearden take Silver!

from Arizona, California, Florida, and Hawaii may not have been quite as impressed, but many of the rest of us were unabashedly euphoric to discard our heavy clothing and walk for a time among the more fortunate.

Divisions numbering 62 plus 11 playoff divisions were competed in men's, women's, mixed, and military match-ups. Social events every evening included the popular Ladies Night Out at the newly remodeled Graduate Hotel (formerly the Twin Palms).

On Thursday, February 12, players, fans, and staff were shocked at an unlikely and sad turn of events. Russ Mannino of California and Glenn Cunningham of Oregon were competing along with their partners and opponents on adjacent courts when each gentleman (nearly simultaneously) collapsed. Immediate help was available, and while Glenn survived, Russ did not. The ISRA offers our heartfelt condolences to the Mannino family on the loss of this fine man who gave so much to our sport.

US Team Qualifying Divisions

Rhonda Rajsich/Kim Russell-Waselenchuk def. Aimee Ruiz/Janel Tisinger, (1), 10, 9

José Rojas/Jansen Allen def. Ben Croft/Tom Fuhrmann, (5), 8, 4

The winners are likely to be representing the USA at the Pan American Games in Toronto this July.

Illinois Medal Count - 17

- Gold 4
- Silver 6
- Bronze 3
- Pewter 4

Team Illinois Divisions, Results and Partners

15 players – 7 men/8 women

Eugene Coyle, Men's 40+ (John Amatulli, IN); Men's 45+ Bronze (John Amatulli, IN)

Ben Croft, Men's US Team Qualifying Silver (Tom Fuhrmann, CA)

Chris Evon, Mixed 55+ Gold (Tim Hansen, FL); Women's 50+ Gold (Terri Graham)

Terri Graham, Mixed 50+ Silver (Jimmy Lowe, HI); Women's 50+ Gold (Chris Evon)

Cheryl Gudinas, Mixed Centurion Open Pewter (Gene Rebeor, FL); Women's US Team Qualifying Pewter (Laura Fenton Kovanda, OH)

Cheryl Kirk, Mixed 40+A (Geoff Peters); Mixed Centurion A Silver (Chris Poucher, GA); Women's 50+ (Peggine Tellez, CO)

Nancy Kronenfeld, Mixed 60+ Bronze (Frank Taddonio, AZ); Women's 60+ Silver (Rhonda Jenkins, TX)

Keith Minor, Men's 40+ Gold (Jeff Stark, CA); Men's 45+ Silver (Jeff Stark, CA)

Geoff Peters, Mixed 40+A (Cheryl Kirk); Mixed 50+A (Ann Draudt, TX); Mixed Centurion A (Kathy Ruzycki)

Wil Rounsaville, Men's Centurion Open (Joey Logan, FL)

Kathy Ruzycki, Mixed Centurion A (Geoff Peters); Women's 50+A (Patrice Calvi, AZ); Women's A/C (Patrice Calvi, AZ)

Rick Seaberg, Men's 50+B Silver (Bill Bearden, TX); Men's B (Bill Bearden, TX)

Diane Soderborg, Mixed Centurion B Pewter (Stephen Soderborg)

Stephen Soderborg, Mixed Centurion B Pewter (Diane Soderborg)

Brenda White, Women's 60+ Bronze (Debbie Chaney, IN)

-- Cheryl Kirk



*Ladies (?) Night Out at National Doubles
Stephen and Diane Soderborg, Brenda White, Eugene Coyle,
Laurel Davis, Patrice Calvi, Joey Logan, Cheryl Kirk*

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ISRA State Singles Championships

February 19-22, 2015

Glass Court Swim & Fitness - Lombard, IL
Tournament Director: Cheryl Kirk

Players numbering 130 (109 males, 21 females) from 68 cities in Illinois made the mid-winter trek to Glass Court to compete for the title of Illinois State Champion in 22 men's divisions, 6 women's divisions, and 1 junior division. Some divisions were combined for maximum competitive play, but then they were split back out for medals according to original divisions entered.



Dave Olson – Men's 65+ State Champ!

Zach Archer defeated Clint Hickman for the Men's Open gold, while Liz Molitor emerged as the Women's Open State Champion, besting Janet Eminger in the final.



Racquetball Fans are The Best!
Photo by Mike Davern

A number of full draw divisions (12 for men, 8 for women) saw immediate moves to the next higher division for Eric Van Marion (A to Open), Jeremy Dixon (B to A), Michael Fornero (C to B), Anthony Cosmano (D to C), and Emily Fauser (A to Open).

When we say we couldn't do it without the volunteers who donate their time and expertise tournament after tournament, it's not just a nice sentiment – it's an absolute fact. These volunteers do it for the players and for the tournament staff and for Glass Court, and hopefully they're having a little fun along the way. The ISRA's heartfelt gratitude for State Singles support goes to Amy Anderson, Marian Bala, Todd Burris,

Marla Cusano, Mike Davern, Laurel Davis, Jeremy Dixon, Jonelle Dubois, Peggy Fornero, Lori Good, Jeff Grace, Doug Halverson, Michelle Halverson, Joy Herth, Dolores Lamberson, Eric Mathews, Dave Milazzo, Liz Molitor, Melissa Musick, John O'Donnell, Jr., Geoff Peters, John Puccio, Lora Reeser, Bill Roberts, Rick Seaberg, and Joe Silius.

Another one in the record books...check out the results on page 19!

-- Cheryl Kirk



Men's Open Finalists Clint Hickman and Zach Archer with ISRA President Laurel Davis



Sriram Ravindran, Men's AA Silver

ISRA State Singles Championships continued from previous page



*A Family of Medalists: Santiago, Emily,
and Angelica Sanchez*



*Men's D State Champion Anthony Cosmano –
Movin' On Up!*

ISRA State Singles Sponsors – Thank You!

Anthony's Pizzeria (Tony Cosmano)

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Response Graphics & Embroidery (Lynn & Kevin Yeazell)

**Special thanks to the Glass Court, Dan Jaskier, Joe DeArmas,
and its staff members for their ongoing support of the ISRA!**

ISRA State Singles Championships

continued from previous page

Dave Milazzo with wife Shelly and brother Frank (Hmm, wonder which one is the older brother?)



RESULTS

Division/# entered: First; Second; Semifinals

Men's Open (11): Zach Archer; Clint Hickman; Juan Martinez III, Eugene Coyle

Men's AA (3): Jorge Ortiz; Sriram Ravindran; John Thorson

Men's A (17): Eric Van Marion; Alcides Gutierrez; Cristian Moreno, Antonio Vazquez

Men's B (26): Jeremy Dixon; Todd Greenstein; Eduardo Esparza, Tony Costello

Men's C (32): Michael Fornero; Jose Garcia; Carlos Ibarra, Anthony Cosmano

Men's D (17): Anthony Cosmano; Jesus Sotelo; Josue Del Rio, Stephen Soderborg

Men's 25+/35+ (5): Clint Hickman; Jorge Ortiz; Ryan Fosco (3rd)

Men's 25+ (3): Ryan Fosco; Sriram Ravindran; Frank Carrano (3rd)

Men's 35+ (2): Clint Hickman; Jorge Ortiz

Men's 40+ (4): Basilio Salazar; Antonio Vazquez; Eric Battaglia (3rd)

Men's 45+ (5): Cary Slade; John Thorson; Thomas Utterback (3rd),

Men's 50+ (7): Thomas Utterback; Dave Milazzo; Tom Lamberson, James Jones,

Men's 55+ (9): Dave Milazzo; Tony Cosmano; John Mason, James Jones

Men's 60+ (3): Dave Olson; Platt Hill; Bill Roberts (3rd)

Men's 65+ (3): Platt Hill; Joseph Vallender; William Wasserman (3rd)

Men's 65+Int/70+/85+ (3): Patrick Taylor; John O'Donnell, Jr.; Ray Meisner (3rd)

Men's 65+ Int. (1): Ray Meisner

Men's 70+ (1): Patrick Taylor

Men's 85+ (1): John O'Donnell, Jr.

Men's 25+A/35+A (5): Danny Ortega; Arun Baskaran; Rogelio Ruiz (3rd)

Men's 25+A (2): Danny Ortega; Adam Mills

Men's 35+A (3): Arun Baskaran; Rogelio Ruiz; Glen Bero (3rd)

Men's 40+A (4): Daniel Jaskier; Matt Reeser; Alcides Gutierrez (3rd)

Men's 45+A/50+A (4): Ray Redelman; William Kuhlman; Tony Reiting, Jr. (3rd)

Men's 45+A (2): William Kuhlman; Tony Reiting, Jr.

Men's 50+A (2): Ray Redelman; Anthony Dieckmann

Men's 55+A/60+A/65+A (6): Ray Redelman; John Mason; William Wasserman, Ray Meisner

Men's 55+A: Ray Redelman; John Mason; Geoff Peters, Bill Roberts

Men's 60+A: Ray Meisner

Men's 65+A: William Wasserman

Men's 25+Int/40+Int (4): Christian Miller; Tom Barr; Tony Garcia (3rd)

Men's 25+ Int (2): Christian Miller; Jeffrey Doyle

Men's 40+ Int (2): Tom Barr; Tony Garcia

Men's 45+Int (4): George Ipe; Kevin Burns; Ranferi Salgado (3rd)

Men's 50+Int (9): Matt Pritchard; Tony Costello; Eugen Gheorghiu, Rick Seaberg

Men's 55+Int/60+Int (4): Salvador Galvan; Bill Hines; Paul Jepsen (3rd)

Men's 55+Int (2): Bill Hines; Randy Ems

Men's 60+Int (2): Salvador Galvan; Paul Jepsen

Women's Open (10): Liz Molitor; Janet Eminger; Ellen Somberg, Lynn Yeazell

Women's AA (2): Karin McCauley; Mary Crambes

Women's A (8): Emily Fauser; Sandra Filipp; Mary Crambes, Marlin Ortiz

Women's B/C (6): Emily Fauser; Amy Anderson; Sandra Filipp, Viri Del Bosque

Women's C (1): Angelica Sanchez

Women's Age 35+/40+/45+/50+/55+ (6): Ellen Somberg; Liz Molitor; Lynn Yeazell, Karin McCauley

Women's 35+ (1): Joy Herth

Women's 40+ (2): Karin McCauley; Letty Maldonado

Women's 45+ (1): Lynn Yeazell

Women's 50+ (1): Liz Molitor

Women's 55+ (1): Ellen Somberg

Women's Age Singles A/Intermediate (3):

Julianne Valentino; Cheryl Kirk; Vickie Onesti

Women's 45+ Intermediate (1): Vickie Onesti

Women's 50+A (1): Julianne Valentino

Women's 55+A (1): Cheryl Kirk

Juniors 14-/12- (4): Trevor Gelino; Santiago Sanchez; Emily Sanchez (3rd)

Juniors 14 & Under (3): Trevor Gelino; Emily Sanchez

Juniors 12 & Under (4): Santiago Sanchez; Jorge Ortiz IV

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GRAPHENE



2015 March Invitational

March 6-7, 2015

Landmark Racquet & Health Club, Peoria

Tournament Director: John Snarr

March came in like a lion in Peoria as 62 men and seven intrepid women from Illinois, Indiana, and Iowa battled for top spots in this popular Central Illinois event. Players competed in 12 divisions with automatically scheduled consolation divisions.

Landmark hospitality did not disappoint, and many thanks go to these sponsors for their support of Peoria racquetball: Baird (Jim Stowell); Green Chevrolet (David Angevine); Mass Mutual (Paul Herzog); Wilson Racquetball; Gemco/Echo Engineering (Ken Brackett); Midwest Urological Group (John Richier); Ulrich Chevrolet; and Stephen P. Kelly, Attorney at Law.

Check out the results below!



RESULTS

Division/# entered: First; Second; Semifinals

Men's Elite (6): Josh Paul; Keith Yaklovich; Xavier Pereira, Adam Mills
Cons Men's Elite (2): Arun Baskaran; Jay Fitzsimmons
Men's A (9): Arun Baskaran; Randal Mercer Jr; Scot Esker, Anand Agarwal
Cons Men's A (5): Matthew Kaag; Michael Chiappetta; Alec Gardner, Jeffrey Grewe
Men's B (17): Lakshman Potluri; Carl Carman; Ryan Morrow, Doug Kerns
Cons Men's B (9): Joshua Kuehn; Michael Becker; Ken Kinsinger, Jeffrey Fulks
Men's C (9): Noah Jemison; Joshua Hafliger; Tim Banasiak, John Glebas
Cons Men's C (5): Michael Becker; Tyler Johnson; Billy Hunter, Rhino Dotson
Men's 40+ Open/A (6): Mike Snarr; Tom Neal; Yee Cheng, John Richier
Cons Men's 40+ O/A (2): Jay Fitzsimmons; Justin Mrowicki
Men's 50+ (8): John Richier; Bob Johnson; Jeff O'Hern, Gary Stahl
Cons Men's 50+ (4): Gary Frasco; Jonathan Dunn; Doug Koyanagi, Jim Stowell
Men's 60+ (6): Don Kuehn; Gregory Hasty; Platt Hill, Michael Chiappetta
Cons Men's 60+ (2): Randall Puebla; Henry Hackman,
Men's Open Doubles (6): Mike Snarr/Samuel Gomez; Shane Jackson/Tom Neal; Keith Yaklovich/Yee Cheng, Brent Huff/Brian Andresen
Cons Men's Open Doubles (3): Miguel Riollano/Steve Horteaga; Calvin Price/Jim Stowell; Brent Huff/Brian Andresen

Men's A Doubles (9): Jeff O'Hern/Josh Paul; Gary Mammele/Shane Jackson; Randal Mercer, Jr./Ryan Morrow, Adam Mills/Xavier Pereira
Cons Men's A Doubles (5): Don Kuehn/Steve Angelo; Ben Farnsworth/Scott Esker; Bob Johnson/Matthew Kaag, Jeffrey Grewe/Doug Koyanagi
Men's B/C Doubles (6): Joshua Kuehn/Steve Angelo; Carl Carman/Lakshman Potluri; Brenda White/Pam Schubach, Justin Mrowicki/Tim Banasiak
Cons Men's B/C Doubles (3): Joshua Hafliger/Sai Poluru; Tyler Johnson/Howard Mingin; Justin Mrowicki/Tim Banasiak

Women's Open (4): Kristin Coulter; Rebecca Bowman; Ellen Somberg, Georgia Russell

Mixed Open/A Doubles (6): Brent Huff/Rebecca Bowman; Georgia Russell/Samuel Gomez; Pam Schubach/Brian Andresen, Ellen Somberg/Steve Horteaga
Cons Mixed Open/A Doubles (3): Double Forfeit; Pam Schubach/Brian Andresen; Dennis Anderson/Sandra Coursey, Kristen Coulter/Miguel Riollano

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33rd Shamrock Shootout

March 12-15, 2015
The Glass Court Swim & Fitness, Lombard
Tournament Directors:
Geoff Peters and Doug Halverson

After a five-year absence, the International Racquetball Tour (IRT) returned to Illinois for the Glass Court Shamrock Shootout to celebrate the Luck o' the Irish and the wearing o' the green. Club President Dan Jaskier had wanted to host an IRT Event for several years, so he assembled the team of Tournament Directors Doug Halverson and Geoff Peters, along with Operations Director extraordinaire Cheryl Kirk, to put on an event that drew over 200 players, numerous spectators, and a global audience (via IRT Network global streaming).

The event was made possible by the grassroots sponsorship of the racquetball community in Illinois, with players and their companies stepping up to ensure that the finest players in the game would be playing in our state! These included Keith Minor, Tony Cosmano, Zach Archer, Platt Hill, Arlene and John O'Donnell Jr., Dave Milazzo, John Thorson, Bob Randazzo, Paul Jepsen, Jim Schlicher, Wayne Lorenz, Karin and Peter McCauley, Cheryl Kirk and Kit Lawson, Vicki Onesti, Tom Barr, Rick Seaberg, Jim Hillman, Willy Fellows, Ellen Somberg, Eric Jensen, Jack Newman, Mike Davern, George and Lynda Pappas, Tom Horton, Brian Berkelhamer, Alok Mehta, Janet Eminger, Nancy and Dave Kronenfeld, Steve Goodman, Steve Jungmann, Liz Molitor, and Jim Camasto. WE CERTAINLY COULD NOT HAVE DONE IT WITHOUT YOU!

The players enjoyed great donated amenities and



Rocky Carson receives runner-up plaque from Geoff Peters. Photo by Juan Martinez

hospitality from companies such as Mitchell's Premium Ice Cream, Papa Nicholas Coffee, Anthony's Pizza, Little Debbie's Snack Cakes, and Kirsten's Danish Bakery. There was certainly no shortage of hospitality, which included the traditional corned beef and cabbage dinner on Saturday night that was initiated many years ago by ISRA Hall of Fame member Diane DeArmas. And, the Mitchell's Ice Cream samples were available all weekend from an old-fashioned ice cream cart under an umbrella in the bar!

When the Pros were not competing on the court, they were also giving back to the future of the sport. On Saturday morning IRT Professionals Ben Croft, Daniel De La Rosa, Jansen Allen, and Markie Rojas ran a clinic for 25 Illinois junior players, all of whom received a "swag bag" and bragging rights from spending time on the court with some of their favorite players. Notable is that Ben Croft, who entered this event as the 6th ranked player, started his competitive career playing for Junior Team Illinois!

Saturday evening, the Party with the Pros in

*continued on
next page*



Shamrock Shootout continued from previous page

the Glass Court Lounge (which also included the Jameson Girls providing free samples) was well attended by all of the top players and their fans.

And, of course, there was plenty of phenomenal racquetball being played, beginning with Pro Qualifying on Thursday afternoon and evening that determined the eight players to face the top-seeded players on Friday afternoon. While the local fans were rooting for Ben Croft to play on Saturday, he dropped a tough four-game match to Rocky Carson in the quarterfinals. Rocky was joined in the semifinals by Alvaro Beltran, José Rojas, and Kane Waselenchuk. Kane continued his domination of Alvaro in three straight, while Rocky handled José in a four-game faceoff. On Saturday night in the final, before a standing-room-only crowd (and the IRT Network audience), Kane continued his sterling play and powered past Rocky 8, 5, and 3 to take the Championship. During the match, Kane and Rocky each selected two junior players from the audience to sit with them behind the Glass Court and enjoy the best seats in the house: another sign of how these players give back to the junior players!



The Junior Clinic was well attended and enjoyed by all!

In the amateur draws, play started on Thursday evening, resumed Friday afternoon, and continued to midnight both Friday and Saturday nights as players competed for some great trophies on courts alongside the best in the game. It is important to note that when putting this tournament together, Dan felt it was important that the amateur players have the opportunity to see the pro's play at no extra charge. Therefore, every player in the tournament

had free access to the Pro matches on the glass court all weekend. In addition, ALL junior players, regardless of whether they were in the tournament, were allowed free access to the pro matches as well as the junior clinic on Saturday morning!



Wil Rounsaville (third from left) hangs with Pros Alvaro Beltran, Daniel De La Rosa, and José Rojas

With over 195 players in the amateur draws on only eight courts, Cheryl Kirk and the ISRA Volunteer staff were able to run the event on time the entire weekend. These fantastic volunteers were (but not limited to): Marla Cusano, Amy Anderson, Kara Peters, Dave Singer,

continued on next page

Shamrock Shootout continued from previous page

Nathan Gollins, Steve Gollins, John Puccio, Laura Brown, Pam Grace, Eric Mathews, Michelle Halverson, John O'Donnell, Jr., Len Ruzyski, Beth Winters, Jane Winters, Rich Winters, Deb Peters, Jeremy Dixon, Melissa Musick, Liz Molitor, Lori Good, Jeff Grace, Jim Wehrli, Joe Silius, Rick Seaberg, Michael Fornero, Joey Eminger, Amanda Hayes, Jason Goodman, Viri Del Bosque, and Abby Singer. Thank you to everyone for your tireless efforts (with a special shout-out to John

Puccio and Dave Singer), and of course kudos to the Glass Court Staff who did yeoman's duty the entire weekend everywhere from the front desk to keeping the locker rooms clean and tidy!

It was a great weekend of racquetball at Glass, and we're glad that everyone was there!

-- Geoff Peters and Doug Halverson



Michael Fornero and Ray Meisner



*Check-in Desk Goddesses!
Joann Martin, Joyce Urbaniak, and Marla Cusano*



Ben and Sarah Croft introduced Hudson to Team Illinois



José Rojas and Platt Hill paired up in the ProAm Doubles

Shamrock Shootout

continued from previous page



Veteran racquetball champion Chuck Martarano is honored on the Glass Court with a plaque recognizing his accomplishments and contributions during over 40 years of racquetball competition and camaraderie.



Desk colleens Abby Singer and Lori Good*



More colleens...Pam Grace, Janet Eminger, Cheryl Kirk, and Nancy Amaro*

**colleen. (kō-lēn', kōl'ēn'). n. 1. an Irish word for girl. 2. an Irish girl.*

continued on next page

Shamrock Shootout continued from previous page



Rick Seaberg and Chris Choi



*Men's Combined 100 Doubles winners
Tom Utterback and Dave Bachar...and a friend*



*Waselenchuk and Carson in the finals
Photo courtesy of Juan Martinez*



*Cheryl Gudinas congratulates Women's D finalists
Julia Stein (PA) and Amanda Hayes*

continued on next page

Shamrock Shootout continued from previous page



Rocky Carson and Marla Cusano



Kane Waselenchuk and Marco Rojas in the quarterfinals. Photo by Juan Martinez

RESULTS

Division/# entered: First; Second; Semifinals

Men's Pro - IRT Pro (32): Kane Waselenchuk (TX): Rocky Carson III (CA): Alvaro Beltran (Mexico), José Rojas (CA)

Men's Open / Elite (31): Marco Rojas; Mario Mercado (Colombia/Bolivia): Alejandro Herrera (Colombia), Filip Vesely

Cons Men's Open Elite AA (16): Jorge Ortiz; Eric Van Marion; Eric Mathews, John Thorson

Men's A (18): Arnold Ortega; James Camasto; Jeremy Dixon, John Moscato

Men's B (20): Frank Wrobel; Marco Rodriguez (WI): Eduardo Esparza, Levester Dean

Men's C (23): Kevin Martin; Daniel Mills; Hector Herrera, Anthony Cosmano

Men's D (14): James Davis; Valentinas Presniakovas; Randy Van Oost, Mike Calka

Men's 35+ (6): Brent Huff; Keith Mecklenburg; David Kerr, Moses Elias

Men's 45+ (9): Alok Mehta; Tom Neal; John Puccio, John Thorson

Men's 55+ (17): David Milazzo; Tony Cosmano; Tim Dern, Ray Redelman

Men's 65+ (4): Joseph Vallender; Platt Hill; William Wasserman (3rd)

Men's Age Interm (13): Richard Seaberg; Chris Choi; Jeffrey Hill, Eduardo Esparza

Women's Open (2): Cheryl Gudinas; Sharon Jackson (GA):

Women's B (7): Andrea Schmalzried (IN); Vickie Onesti; Amy Anderson, Viri Del Bosque

Women's D (2): Julia Stein (PA); Amanda Hayes

Men's Open Doubles (13): Alejandro Herrera (Colombia)/Mario Mercado (Colombia/Bolivia); Andres Ramirez (Colombia)/Juan Torres (Colombia); Clint Hickman/Juan Martinez III, Hanzel Martinez Perez (Guatemala)/Juan Salvatierra (Guatemala)

Men's A Doubles (4): Cristian Moreno/Arnold Ortega; James Camasto James Zidek; Chad Summerfield/Jerry Kee (3rd)

Men's B Doubles (8): Jairo Torres/Rodrigo Diaz; Tony Costello/Levester Dean; Bruce Young/James Wehrli, David Singer/Jeffrey Hill

Men's C Doubles (5): Elivorio Lara/Roberto Rivas; David Singer/Thomas Zielecki; Steve Speer (IN)/Jeff Gilliam (IN) (3rd), Tim Hanna/Mike Calka (4th)

Men's Combined 100 (9): David Bachar/Thomas Utterback; Bruce Young/Keith Minor; James Schlicher/Rajesh Sondhi, Lee Frick/Basilio Salazar

Women's Open / A Dbls (8): Ellen Somberg/Nancy Kronenfeld; Rebecca Bowman (IN)/Lynn Yeazell; Nancy Amaro/Janet Eminger, Judy Sands/Cari Mory

Consolation Women's O/A (4): Dolores Lamberson/Julianne Valentino; Joy Herth/Mary Crambes; Deanna Munro/Lisa Mayer, Marla Cusano/Barb Vagedes

Mixed 40/Open Doubles (12): Brent Huff/Rebecca Bowman (IN); Thomas Utterback/Janet Eminger; Judy Sands/Basilio Salazar, Ellen Somberg/Jim Hillman

Mixed A Doubles (9): Julianne Valentino/Frank Valentino; Matt Beals (IN)/Laurel Harper; Matt Reeser/Joy Herth, Alcides Gutierrez/Letty Maldonado

Mixed B Doubles (4): Marlin Ortiz/Michael Fornero; Viri Del Bosque/Ravi Kishore Yenduri; Vickie Onesti/Tom Barr (3rd)

2015 USA Racquetball

Regional Championship - Illinois

April 25-26, 2015

Glass Court Swim And Fitness, Lombard
Tournament Director: Geoff Peters

The USAR Regional Racquetball Championships saw 78 players (63 men/15 women) converge on The Glass Court in Lombard seeking Regionals titles in the last sanctioned championship event of the 2014-2015 season. Five states were represented besides Illinois: Indiana, Iowa, Missouri, New York, and Texas.

For a change of pace, the tournament was played on a Saturday/Sunday schedule. "No Friday" required many back-to-back matches, particularly for those in round robin divisions. Thank you to all of our players and volunteers for helping the tournament to stay on time both days!

A special thank you goes out to Tony Cosmano and Paul Jepsen who supported the event with Anthony's Pizza and Kirsten's Danish Bakery, even though a happy family event (son Anthony's wedding on Saturday night) prevented them from playing or attending. In addition, Dave Milazzo and Mitchell's Ice Cream allowed players to avail themselves of the best premium ice cream in Chicagoland at the Mitchell's Ice Cream Umbrella Cart in the Glass Court Lounge. This was particularly well received by our junior players on Sunday as the ice cream fueled their matches that were coordinated by Marian Bala and Jeremy Dixon.



Men's 40+ Silver – James Schlicher and John Puccio



Multi-Medalists – John Thorson, Tony Costello, and Donald Jorgensen (TX)

Each player received a dry-tech royal blue tournament shirt via Response Graphics (Lynn and Kevin Yeazell), while champions and medalists received large Olympic-style medals consistent with all of the other Regional Championships held around the country. As you can see from the pictures, they wear them proudly!!

Thank you to Dan Jaskier, the ISRA Board, and our volunteers – especially Cheryl Kirk, Doug Halverson, Michelle Halverson, Marian Bala, Todd Burris, Laurel Davis, Jeremy Dixon, Jeff Grace, Pam Grace, Joy Herth, Dolores Lamberson, Alexa Puccio, John Puccio, Matt Reeser, and the Glass Court Staff for making this a great tournament on which to end the local season!

-- Geoff Peters

continued on next page

USAR Regional Championship continued from previous page



*Junior Competitors with Coach Marian
(Not present: Devin Mehta and Coach Jeremy)*



*Men's A Doubles Bronze Medalists
Rodrigo Diaz and Jairo Torres*



*Vickie Onesti: Dreaming of What Might Have Been
Get Well Soon!*

continued on next page



Women's Doubles Gold – Emily Fauser and Joy Herth



Mixed Doubles Gold – Andy Pitock and Cheryl Kirk

RESULTS

Division/# entered: First; Second; Semifinals

Men's Open (8): Clint Hickman; Alok Mehta; John Thorson, Geoff Goldblatt

Men's AA (4): David Spoleta (NY); Cristian Moreno

Men's A (12): John Moscato; Frank Wrobel; Jeremy Dixon, Matt Reeser

Men's B (14): Tony Costello; Donald Jorgensen (TX); Ravi Kishore Yenduri, Jairo Torres

Men's C (12): Roberto Rivas; Robert Dreger; Hector Herrera, James Davis

Men's D (7): Anthony Giacalone; Alex Parraguire; Josue Del Rio, Benjamin Horner (IA)

Men's 40/45+ (5): John Thorson; Alok Mehta; David Spoleta (NY), Eric Battaglia

Men's 40+ (1): Eric Battaglia

Men's 45+ (4): John Thorson; Alok Mehta; David Spoleta (NY), John Puccio

Men's 55/65+ (4): Jim Schenk II (IN); Ray Redelman; Geoff Peters, Patrick Taylor

Men's 55+ (3): Jim Schenk II (IN); Ray Redelman; Geoff Peters

Men's 65+ (1): Patrick Taylor

Men's 35A/45A/50A (4): Donald Jorgensen (TX); Jesus Rojas; Ray Redelman, Tony Reiting, Jr.

Men's 35A (1): Jesus Rojas

Men's 45A (2): Donald Jorgensen (TX); Tony Reiting, Jr.

Men's 50A (1): Ray Redelman

Men's 25C/45C/50C (4): James Davis; Gallagher Garcia; Eugen Gheorghiu, Bilal Muhammad

Men's 25C (1): Gallagher Garcia

Men's 45C (2): James Davis; Bilal Muhammad

Men's 50C (1): Eugen Gheorghiu

Men's A/B Doubles (10): Chad Summerfield/Jerry Kee; Glen Bero/Jeremy Dixon; Jairo Torres/Rodrigo Diaz, Levester Dean/Tony Costello

Men's 40+ Doubles (3): Andy Pitock/Eric Jensen; James Schlicher/John Puccio, Gilbert Oliveras/Jose Alberto Acosta

Women's Open/A/B (4): Emily Fauser; Mary Crambes; Lynne Weisbart, Vickie Onesti

Women's Open (1): Emily Fauser

Women's A (2): Mary Crambes; Lynne Weisbart

Women's B (1): Vickie Onesti

Women's A/B Doubles Pool 1 (3): Emily Fauser/Joy Herth; Cheryl Kirk/Pam Grace; Karen Blair/Vickie Onesti (INJ)

Women's A/B Doubles Pool 2 (3): Barb Vagedes/Lynne Weisbart; Deanna Munro/Lisa Mayer, Eunice Sullivan/Susie Kleinman

Women's A/B Doubles Playoff (4): Emily Fauser/Joy Herth; Barb Vagedes/Lynne Weisbart

Mixed Doubles Combined Pool 1 (3): Andy Pitock/Cheryl Kirk; Jesus Rojas/Lisa Mayer; Joy Herth/Matt Reeser

Mixed Doubles Combined Pool 1 (4): Geoff Goldblatt/Lynn Yeazell; Deanna Munro/Glen Bero; Mary Crambes/Jairo Torres, Eduardo Esparza/Emily Fauser

Mixed Doubles Combined Playoff (4): Andy Pitock/Cheryl Kirk; Geoff Goldblatt/Lynn Yeazell

Junior Boys 16- (1): Ethan Rohn

Junior Boys 14- (1): Jason Esparza

Junior Girls 12- (1): Emily Sanchez

Junior Boys 12- (2): Matthew Gollins; Sebastian Rohn

Junior Boys 10- (2): Benjamin Horner (IA); Santiago Sanchez

Junior Boys 8- (1): Devin Mehta

International Update

Racquetball to Compete in the Toronto 2015 Pan American Games

by Cheryl Kirk

The Pan American Games are the world's third largest international multi-sport Games. They are only surpassed in size and scope by the Olympic Summer Games and the Asian Games. Racquetball will be a Full Medal Sport in the XVII Pan American Games to be held in Toronto this July.

Racquetball athletes (30 men and 26 women from 11 PARC National Federations) will join over 6,000 athletes competing in 49 sports in Toronto. Players, coaches, and trainers will reside in the CIBC Pan and Parapan Am Games Athletes' Village in downtown Toronto.

Each country's racquetball participants qualified via their results at the Pan American Racquetball Championships in the Dominican Republic in April and are part of their National Olympic Committee official delegation. In the case of the United States, the US Team earned four slots for the men and two for the women. It is hoped that the U.S. will receive another women's slot from a country planning to bring fewer than their earned number.

The Racquetball venue will be housed in the CIBC Pan Am Park Exhibition Centre located on downtown Toronto's waterfront. The Centre will be home to five competition venues: Racquetball, Roller Sports (Figure Skating), Squash, Team Handball, and Indoor Volleyball. Adjacent sports will be Rugby Sevens, Gymnastics, and Cycling.

The Exhibition Centre is located next to the International Press Centre and will make racquetball visible to 2,000 members of the media.

The racquetball venue will feature three portable glass-back courts plus an all-glass exhibition court. The men's and women's singles and doubles competitions are scheduled for July 19-24, followed by the team competition from July 24-26. Racquetball athletes will walk with their countries in the Closing Ceremonies on July 26.

The Pan American Games event is considered a gateway into future Olympic programs.

Information about tickets, hotels, venues, and much more is available on the Official Toronto 2015 website: www.Toronto2015.org.

Note: Excerpts reprinted by permission of USA Racquetball



Team USA competed in Santo Domingo to earn spots in Toronto



2015-2016 Tournament

CALENDAR

For updates or edits to the ISRA Tournament Calendar, please contact
Geoff Peters at (773) 251-4413 or at Petersgeoff@Hotmail.com

May 20-24, 2015

**2015 USAR National Singles
Championships**

**Highlands Ranch Rec Center
at Northridge**

Highlands Ranch, CO

Peggine Tellez (719) 635-5396

June 24-28, 2015

**2015 USAR Junior Olympic
Championships**

InShape: West Lane

Stockton, CA

Peggine Tellez (719) 635-5396

July 19-26, 2015

Pan American Games

Racquetball: Exhibition

Center Hall C

Toronto, Ontario, Canada

July 22-25, 2015

**NMRA International
Championship (45+)**

**Highlands Ranch Rec Center
at Northridge**

Highlands Ranch, CO

Cindy Tilbury

Cindy.tilbury@att.net

www.national

mastersracquetball.org

July 24-26, 2015

23rd Annual Summerfest

Glass Court

Swim & Fitness

Lombard, IL

Dan Jaskier

(630) 629-3390

August 31-September 5

IRF 31st World Senior

Racquetball Championships

New Mexico

Sports & Wellness

Albuquerque, NM

Gary Mazaroff

gmampro@comcast.net

October 1-4, 2015 (Tentative)

3rd Annual Fall Brawl

Glass Court Swim & Fitness

Lombard, IL

Jeff Grace

(630) 629-3390

Dates TBD

Bob Schwab

Memorial Tournament

Landmark Racquet

& Health Club

Peoria, IL

John Snarr (309) 685-8360

October 7-11, 2015

**20th Annual United Healthcare
US Open**

**Life Time Fitness Target Center
Minneapolis, MN**

November 19-22, 2015

Turkey Shoot Open/IRT Event

Glass Court Swim & Fitness

Lombard, IL

Dan Jaskier (630) 629-3390

January 2, 2016

**One-Day Doubles Warm-Up
(Men's Divisions)**

Glass Court Swim & Fitness

Lombard, IL

Dan Jaskier (630) 629-3390

January 3, 2016

**One-Day Doubles Warm-Up
(Women's/Mixed Divisions)**

Glass Court Swim & Fitness

Lombard, IL

Dan Jaskier (630) 629-3390

January 15-17, 2016

**27th Annual Women's Senior
Masters Championships**

Tucson Racquet & Fitness Club

Tucson, AZ

Kendra Tutsch

Visit www.r2sports.com and/or www.illinoisracquetball.com
for more information on each of these sanctioned events.

All tournaments listed are sanctioned by USA Racquetball.

Illinois tournaments are highlighted in blue.

Lend Your **SUPPORT**

Your membership in the ISRA has helped make our organization second to none. Though we strive to make improvements to build and grow the sport for future success, we sometimes struggle to keep our heads above water as an organization. Our focus is not for the purpose of monetary gain but to generate enough funds to give back quality, first-rate programs, tournaments and events we can all be proud to participate in. Our volunteers who donate their time and/or money are greatly appreciated as are those who advertise in this ISRA Newsletter. For as little as \$25 for a business card size ad, we can help get your name out there to let everyone know what you do; for \$150, we can run your ad on a full page. Help Us Help You by getting your ad into the next ISRA newsletter.

Many thanks
Joe Silius
Advertising Editor

2015 ISRA Newsletter Advertising Rates

GUIDELINES:

- The ISRA Board of Directors has established a formal policy of not allowing advertisements to include **product pricing**.
- All ads should be camera ready. They can be accepted electronically in .tif, .jpg or .pdf formats.
- These rates are in effect until December 31, 2015.
- Deadlines are as follows:

- **Issue Publication Date** 9/18/15
- **Articles/Releases/Ads Due** 9/4/15
- **Ad Rates** Full page \$150/issue, Half page \$75/issue, Quarter page \$50/issue. Other sizes quoted on a case-by-case basis.

- For any questions or submission:



Send articles/releases to
Cheryl Kirk at cherylkkirk@aol.com
Send ads to Joe Silius at jsilius@yahoo.com



Send to:

ISRA
603 E. Wilson Ave.
Lombard, IL 60148

Member Sport
U.S. Olympic
Committee



MEMBERSHIP APPLICATION

NAME _____

ADDRESS _____

CITY _____ STATE/ZIP _____

TELEPHONE (Home) _____ (Business) _____

E-MAIL _____

BIRTHDATE _____

Adult competitor \$50.00 _____

Junior competitor (age 21 and under)..... \$25.00 _____

All memberships are annual. Check the USAR website for three-year and Lifetime membership rates.

Racquetball **CHALLENGE COURTS**

**Annerino
Community Center
Bolingbrook
Park District
(630) 739-0272**

Bolingbrook, IL
Sundays 8 a.m. to 10 a.m.
Mondays & Thursdays
6:00 p.m. to 8:00 p.m.
\$2.00 Members and
Non-Members

**B.R. Ryall YMCA
(630) 858-0100**

Glenn Ellyn, IL
Wednesday
7:00 p.m. - 9:00 p.m.
Saturday 8:00 a.m. - 10:00 a.m.
FREE for YMCA Members
\$8 Non-Members

**Buehler YMCA
(847) 359-2400**

Palatine, IL
Thursdays 7:00 p.m. - 10:00 p.m.
Saturday 8:00 a.m. - 12:00 Noon
\$15.00 One-Day Guest Pass

**Courts Plus
(Elmhurst Park District)
(630) 833-5064**

Monday-Saturday
8:30 a.m. - 11:00 a.m.
Members \$2.00
Monday-Friday
\$3.00 Saturday

**Fitness Formula Clubs
Old Town
(312) 640-1235**

1235 N. LaSalle St., Chicago, IL
Tuesdays 6:00 p.m. - 9:00 p.m.
Saturdays 9:00 a.m. - 12:00 Noon
\$20 for guests

**Forest View Racquet
and Fitness Club
(847) 640-2574**

Arlington Heights, IL
Thursday
6:30 p.m. - 10:00 p.m.
\$2.00 Members
\$5.00 Non-Members

**Heritage YMCA
(630) 420-6270**

Naperville, IL
Saturday 9:00 a.m. - 10:00 a.m.
\$4.00 Members
\$8.00 Non-Members

**Landmark Racquet
& Health Club
(309) 685-8360**

Peoria, IL
First and Third
Friday each month
6:00 p.m. - 8:00 p.m.
\$5.00

Life Center Health

**and Fitness at the
Bartlett Park District
(630) 540-4848**

Bartlett, IL
Wednesdays
7:30 p.m. - 9:30 p.m.
Saturdays
7:30 a.m. - 9:30 a.m.
\$4.00 Members
\$6.00 Non-Members
\$9.00 Non-Residents

**Norris Rec Center
(630) 377-1405**

St. Charles, IL
Tuesday and Thursday
7:00 p.m. - 9:00 p.m.
Friday 5:00 p.m. - 7:00 p.m.
Sunday 8:00 a.m. - 10:00 a.m.
\$5.00 Members & Non-Members

**Schaumburg Park District
(847) 490-2505**

Schaumburg, IL
Saturday 8:00 a.m. - 10:00 a.m.
Sunday 6:00 p.m. - 8:00 p.m.
\$3.00 Members
\$9.00 Non-Members

**West Cook YMCA
(708) 383-5200**

Oak Park, IL
Wednesday
7:00 p.m. - 10:00 p.m.
Thursday 2:00 p.m. - 4:00 p.m.
Saturday 8:00 a.m. - 10:00 a.m.
Free to YMCA Members
\$9.00 Non-Members

To add your club to this list, contact:
Marla Cusano at marcusano@comcast.net